

# Belle Meade Medical Plaza

28 White Bridge Rd | Nashville, TN | 37205

MEDICAL OFFICE SPACE FOR LEASE



Building owned and managed by  
**HEALTHCARE REALTY**



## LEASING INFORMATION

Branden Cadavid  
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# WELCOME TO BELLE MEADE MEDICAL PLAZA

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Experience specialty care at Belle Meade Medical Plaza. With an ideal location minutes from Ascension Saint Thomas Hospital West, this 62,000 SF property offers convenient options for patients and healthcare providers. Ample parking and walkable access to nearby dining, retail, and entertainment make this a unique medical office destination. Belle Meade Medical Plaza is owned and managed by Healthcare Realty (NYSE: HR).



## Key Campus Tenants



Premier  
Radiology

**S★T★A★R**  
PHYSICAL THERAPY



SouthEast  
Eye Specialists



**FRESENIUS**  
KIDNEY CARE

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# AN IDEAL LOCATION FOR MEDICAL CARE

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## Property Highlights



**+/- 62,000 TOTAL  
BUILDING SF**

- Medical office availability
- Primarily occupied by medical tenants and anchored by Premier Radiology
- Excellent visibility and customized build out options available



**CONVENIENT  
SPECIALTY CARE**

- First-class clinical environment
- Ample surface area parking for patients, staff, and physicians
- Newly renovated lobby with premium finishes creates a welcoming experience for guests



**ACCESS TO  
AREA AMENITIES**

- Well-located in the heart of Nashville with convenient access to I-40
- Within 5 minutes of Ascension Saint Thomas West Hospital, a 541 bed emergency care hospital
- 15 minutes to Downtown Nashville and over 20 restaurants in a 1 mile radius

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# EXPERIENCE PREMIUM DESIGN & UPGRADED FINISHES

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# EXCEPTIONAL HEALTHCARE IN NASHVILLE

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### NEARBY MEDICAL & AMENITIES

Dining & Retail  
1 minute - 0.1 mile

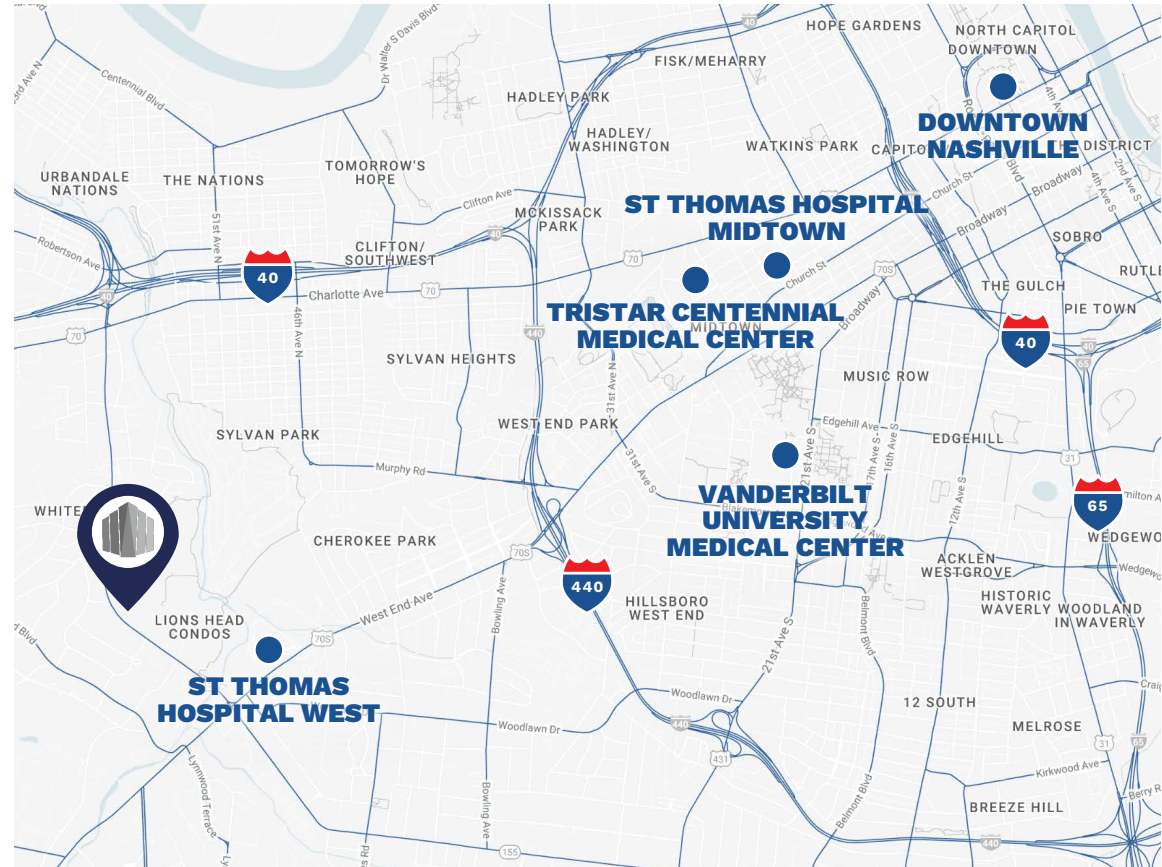
St Thomas Hospital West  
5 minutes - 1.3 miles

TriStar Centennial Medical Center  
8 minutes - 3.9 miles

St Thomas Hospital Midtown  
10 minutes - 4.1 miles

Vanderbilt University Medical Center  
11 minutes - 4.2 miles


Nashville (Downtown)  
15 minutes - 6.4 miles



TRAFFIC COUNTS	CARS PER DAY
White Bridge Rd	32,260
I-40	138,141
I-440	73,149

2024 NASHVILLE WEST DEMOGRAPHICS	1 MILES	3 MILES	5 MILES
Population	6,959	76,061	188,775
2029 Population Projection	6,894	77,689	208,653
Total Households	3,967	36,010	86,660
Average HH Income	\$147,981	\$164,054	\$146,380

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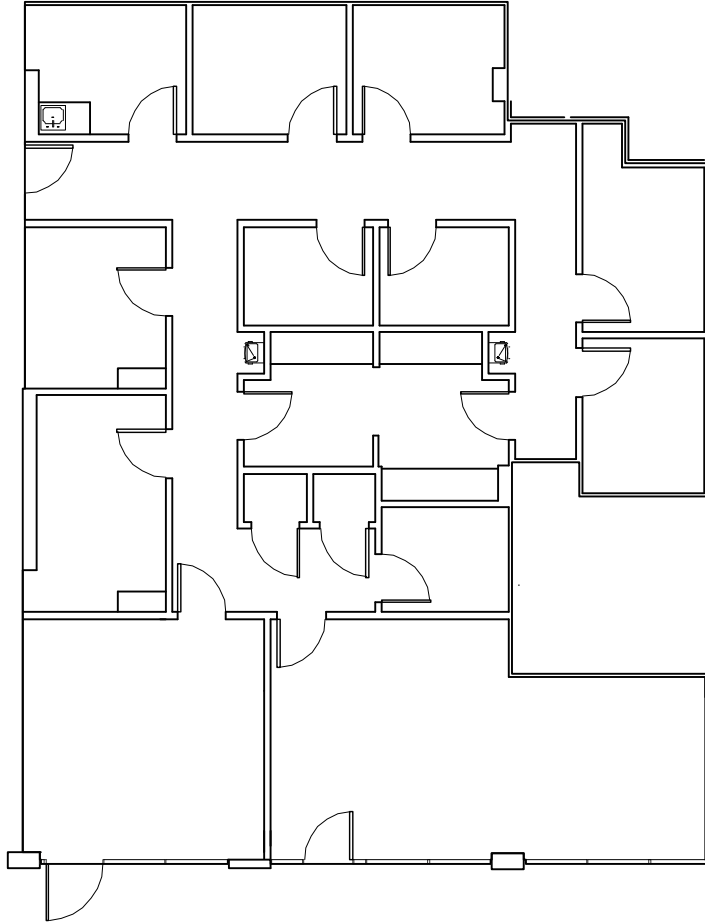
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# TAKE A TOUR

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## Available Suite



### SUITE 108 | 2,013 SF

- (5) exam rooms and (2) doctor's offices
- (1) private bathroom
- Large meeting room
- (2) storage rooms
- Floor to ceiling windows line front of suite
- Conveniently located at the front of the building, this is the only suite with a private exterior entrance and exit, offering direct ground-level access for easy accessibility and ideal patient flow or independent use.



Scan for virtual tours and availabilities.

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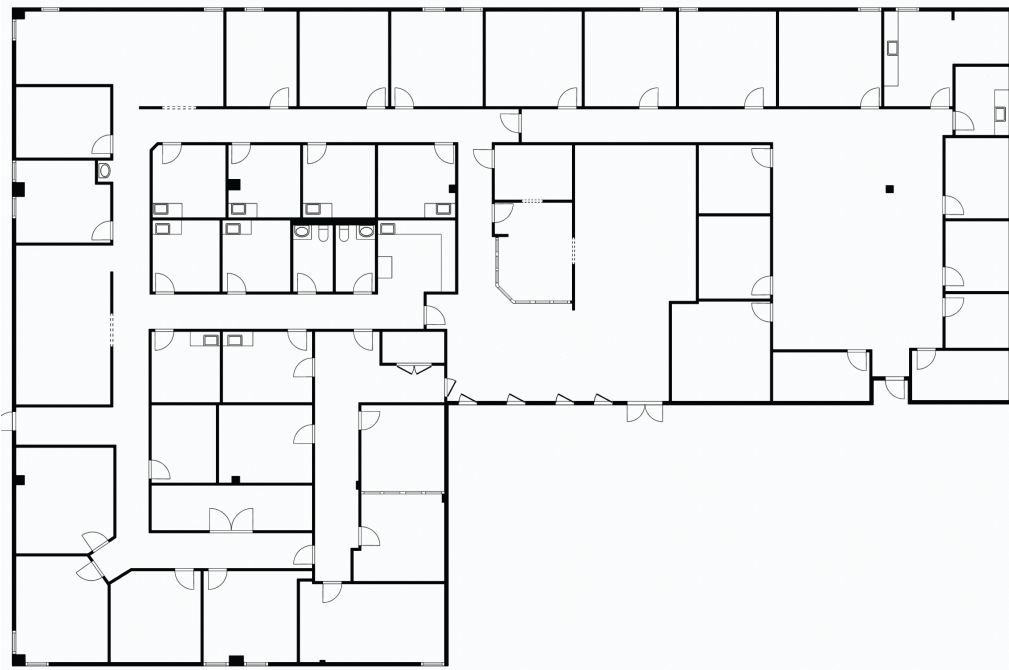
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## Available Suite



### SUITE 300 | 11,182 SF

- Spacious multi-provider suite with panoramic views
- Fully customizable space plan available to be divided as-needed
- Dedicated Lab Space and Staff Breakroom
- Several large provider and administrative offices
- Glass window lines offer bright, natural light in office spaces and patient areas



Scan for virtual tours and availabilities.

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