

# Belle Meade Medical Plaza

28 White Bridge Rd | Nashville, TN | 37205

MEDICAL OFFICE SPACE FOR LEASE



Building owned and managed by  
**HEALTHCARE REALTY**



## LEASING INFORMATION

Branden Cadavid  
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# WELCOME TO BELLE MEADE MEDICAL PLAZA

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Experience specialty care at Belle Meade Medical Plaza. With an ideal location minutes from Ascension Saint Thomas Hospital West, this 62,000 SF property offers convenient options for patients and healthcare providers. Ample parking and walkable access to nearby dining, retail, and entertainment make this a unique medical office destination. Belle Meade Medical Plaza is owned and managed by Healthcare Realty (NYSE: HR).



## Key Campus Tenants



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# AN IDEAL LOCATION FOR MEDICAL CARE

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## Property Highlights



**+/- 62,000 TOTAL BUILDING SF**

- Medical office availability
- Primarily occupied by medical tenants and anchored by Premier Radiology
- Excellent visibility and customized build out options available



**CONVENIENT SPECIALTY CARE**

- First-class clinical environment
- Ample surface area parking for patients, staff, and physicians
- Newly renovated lobby with premium finishes creates a welcoming experience for guests



**ACCESS TO AREA AMENITIES**

- Well-located in the heart of Nashville with convenient access to I-40
- Within 5 minutes of Ascension Saint Thomas West Hospital, a 541 bed emergency care hospital
- 15 minutes to Downtown Nashville and over 20 restaurants in a 1 mile radius

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# EXPERIENCE PREMIUM DESIGN & UPGRADED FINISHES

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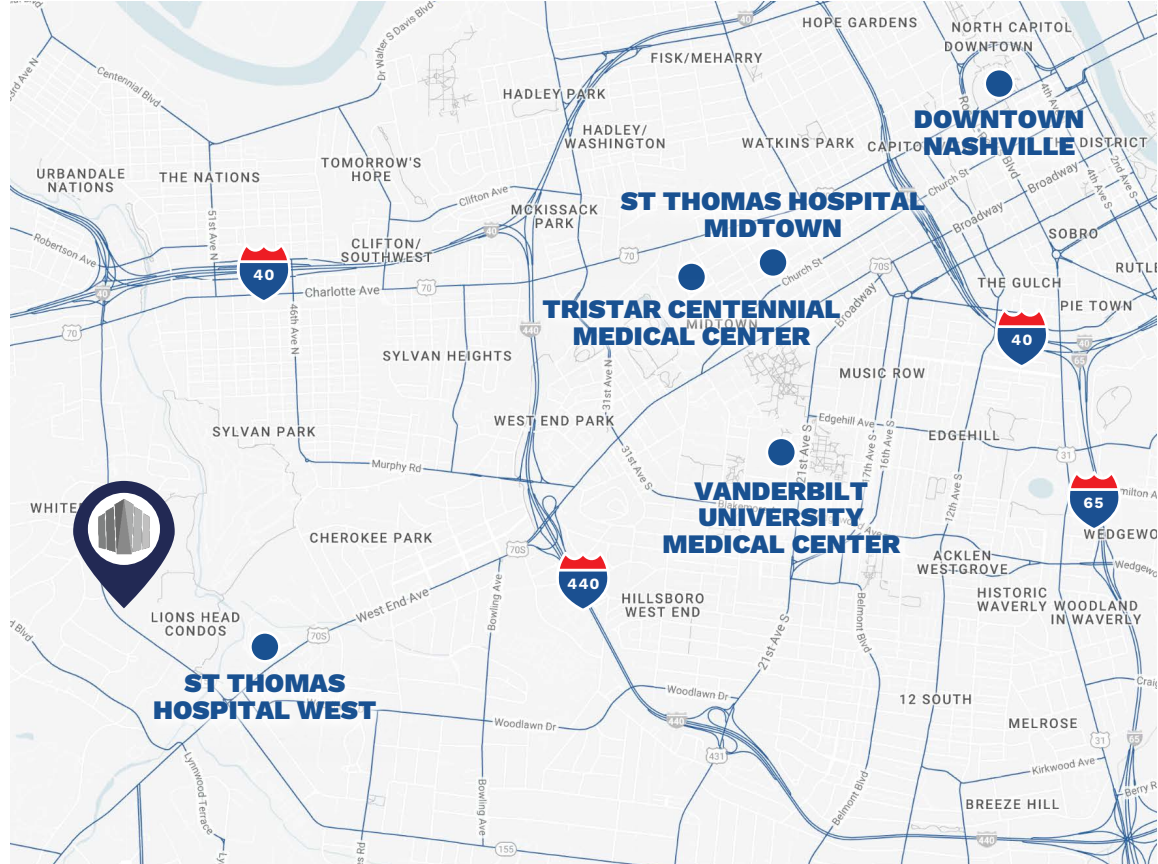
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# EXCEPTIONAL HEALTHCARE IN NASHVILLE

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### NEARBY MEDICAL & AMENITIES

- Dining & Retail  
1 minute - 0.1 mile
- St Thomas Hospital West  
5 minutes - 1.3 miles
- TriStar Centennial Medical Center  
8 minutes - 3.9 miles
- St Thomas Hospital Midtown  
10 minutes - 4.1 miles
- Vanderbilt University Medical Center  
11 minutes - 4.2 miles
- Nashville (Downtown)  
15 minutes - 6.4 miles



TRAFFIC COUNTS	CARS PER DAY
Charlotte Ave	23,557
I-40	138,141
I-440	73,149

2023 NASHVILLE WEST DEMOGRAPHICS	1 MILES	3 MILES	5 MILES
Population	8,527	94,771	193,428
2028 Population Projection	8,336	97,448	218,178
Total Households	4,545	41,886	88,382
Average HH Income	\$163,917	\$152,309	\$137,740

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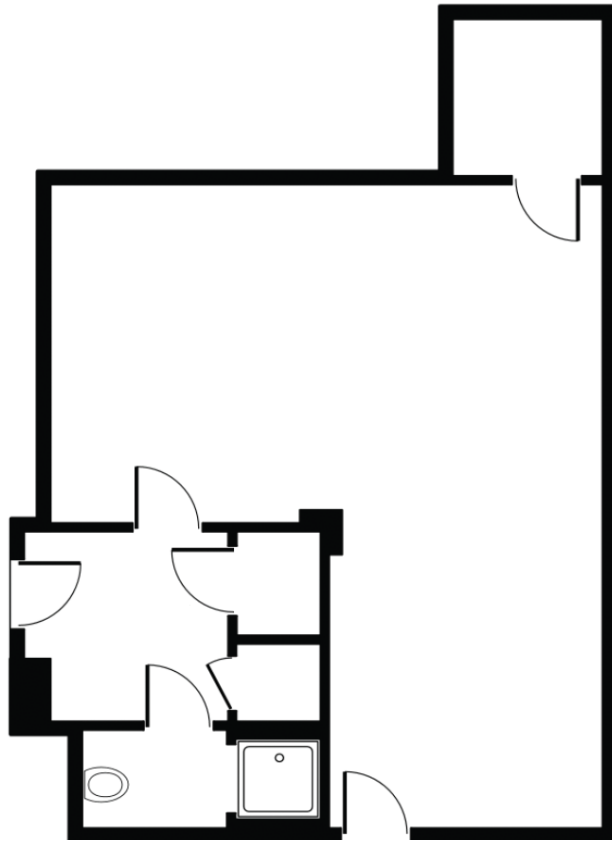
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# TAKE A TOUR

Belle Meade Medical Plaza | 28 White Bridge Rd | Nashville, TN | 37205

## Available Suite



SUITE 10 | 453 SF

- Quiet single-provider suite
- En-Suite restroom with shower
- Multiple Storage Closets
- Directly adjacent to elevators



Scan for virtual tours and availabilities.

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# TAKE A TOUR

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## Available Suite



### SUITE 300 | 11,182 SF

- Spacious multi-provider suite with panoramic views
- Fully customizable space plan available to be divided as-needed
- Dedicated Lab Space and Staff Breakroom
- Several large provider and administrative offices
- Glass window lines offer bright, natural light in office spaces and patient areas



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